

NEWSLETTER

Volume 1, Issue 1

September 2008

From the Management Office

Little Rock Medical Associates IV, LLC (LRMA)

LRMA is proud to introduce its new Electronic Tenant Handbook (ETH) and at the same time introduce our new Newsletter.

We want to make this newsletter work for you so we ask that you let us know about any items you wish to have included, for example, birthdays, anniversaries, introduce new doctors being added to your practice or new staff members. We would even like to include a "Classified" section if you have something you want to buy or sell.

Please check back around the first of each month for a new edition.

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Recycling:

Doctors Building

For the past six months we have been exploring recycling options. There does not seem to be very any out there at the moment. We have talked to several different "Recyclers" and although they always appear to be very interested



in working with us, we have been unable to get them to put their words into action.

So, we are starting off small. For the past couple of weeks, we have not put boxes in our compactor, but have had someone break them down, stack and band them. We are attempting to find a paper company willing to take them from us. We will continue to see if we can find resources to help us recycle paper, plastic, cardboard, etc.



If anyone has any suggestions, we would love to hear them.



Summers in Arkansas

We recently installed a new energy efficient Trane Chiller in our West Mechanical Room. This is the main chiller that cools our building and we expect to get many years of good, efficient, economical service from it. In addition, we have the older chiller in our East Mechanical Room which is used as a back-up on extremely hot days or if we ever experience a breakdown.

WELCOME

We want to welcome Dr. Magomed Khaidakov to Doctors Building. Dr. Khaidakov will be opening his medical equipment sales office in Suite A-14 during the month of September. He will handle such things as wheel chairs, canes, other medical equipment as well as uniforms, scrubs, etc. Please stop by and welcome Dr. Khaidakov, and of course, refer your patients. Dr. Khaidakov will accept Medicare.



RESEARCH STUDIES

Lynn Institute of the Ozarks located in Suite 500 at Doctors Building are offering the following research studies:

ENDOMETRIOSIS: Women between ages 18-48 with a documented diagnosis of endometriosis by laparoscopic or surgical assessment within the past 10 years. Vaginal Ultrasound! FREE Mammogram! FREE DEXA Scan! FREE medication! (\$1,100)

ULCERATIVE COLITIS: Patients at least 18 years old with a documented history of ulcerative colitis. Must be on a stable total daily dose of at least 1600-2400 mg of Asacol/Mesalamine. FREE medication for up to 1 year! (\$220)

ACID REFLUX/HEARTBURN: Patients between 18-70 years of age with a 3 month history of heartburn symptoms taking a prescription heartburn medication. Treatment period is ~4 weeks. FREE medication and lab work! (\$220)

EROSIVE ESOPHAGITIS/GERD: Patients between 18-70 years of age with a history of reflux/GERD symptoms for at least 3 months. FREE lab, FREE EGD, and FREE medication for ~8 weeks. (\$300)

LOW BACK SPASM: Patients between 18-70 years old with moderate to severe muscle spasm of the lower back. FREE lab, FREE medication. Short study treatment of only 7 days. (\$200)

OVERACTIVE BLADDER: Women 18 years of age or older with at least a 6 month history and presentation consistent with pure or predominantly urge incontinence. FREE lab work! FREE Pap Smear! FREE Bladder Ultrasound! FREE medication for 3 months! (\$500)

HYPERTENSION: Patients 18 years of age and older with high blood pressure. FREE lab, FREE office visits, and FREE medication for up to 1 year! (\$870)

If you would like to enroll in any of the studies above, please call **501-975-2000**.

CONGRATULATIONS!

In case you haven't heard, the Arkansas Pediatric Clinic in Suite 200 of the Doctors Building took 1st place in their division (under 50 employees) in the KTHV Summer Cereal Drive this year. Judy Smith and staff collected a total of 2,213 boxes of cereal to help feed under-privileged kids who, without this event would not be able to eat breakfast everyday. Way to go APC. You're AWESOME!

Corridor Updates

The 7th floor is being refurbished – new wall covering, paint and carpet. We expect it will be completed some time during August. If you don't often get to the 7th floor, stop by and take a look.

We hope everyone on the 7th floor will like it.



MONTHLY CALENDAR

August 6 2 PM Audio System Test



Monday, September 1, 2008 is LABOR DAY. Both buildings will be CLOSED all day. You will not be able to enter either building without an after hours access code.

Have a safe and happy Labor Day Holiday!

September 3 2 PM Audio System Test